



Beyond **Burnout Prevention:**

Creative and Spiritual Renewal
for those whose core mission
is service to others

16

CEU's available!

Community Art Studio for Social Service Professionals

Beyond Burnout Prevention:

Creative and Spiritual Renewal for those whose core mission is service to others



This eight session workshop provides social workers, mental health counselors, therapists, health care providers, ministers, activists, artists, teachers etc. the opportunity learn deep replenishment of self through life-long creative practices.

Through experiencing – within community – the soul-centric processes of creativity, we continuously heal ourselves and so more maturely serve others and the world.

**Available as a summer intensive
or monthly, October 2010 - May 2011**
Email lizah2@lizahyatt.com for dates/times.

Learning Objectives:

1. Participants will discuss and explore experientially the interrelated core concepts within depth psychology, existential philosophy, art therapy, mindfulness meditation, and creation spirituality
2. Participants will practice hands-on art meditations that lead to a deeper knowledge of the creative process
3. Participants will identify the soul tasks of each developmental life stage
4. Participants will engage together in building a creative community life that supports soul maturation

Schedule:

Session One: Introduction to Open Studio Practice

Session Two: Elements of Creative Process

Session Three: Existential Conflict within Creative Expression, the Therapeutic Process and Soul Growth

Session Four: Honoring Liminal Space and Responding to the Numinous

Session Five: Soul Task Life Stages – Birth Through Early Adulthood

Session Six: Soul Task Life Stages - Adulthood through Death

Session even: Living the Life of Soul, Serving Community

Session Eight: Reflection, Return, Re-begin



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fee: \$400

**to register, contact: Liza Hyatt, 317-823-0370
lizah2@lizahyatt.com**

The Indiana Behavioral Health and Human Services Licensing Board has approved this organization to provide Category 1 Continuing Education for LSW, LCSW, LMFT, and LMHC. However, licensees must judge the program's relevance to their professional practice.

Class size is limited!

Limited to 6 participants - sign up soon!



Facilitator:

Liza Hyatt, MA, ATR-BC, LMHC

- Board Certified Art Therapist and Licensed Mental Health Counselor
- Over 20 years experience facilitating workshops, retreats, and art therapy programs for adults
- Over 20 years community work with numerous Indianapolis organizations including I.U. Simon Cancer Center, The Charis Center, the Julian Center, and regional art and retreat centers
- Adjunct faculty for Saint Mary of the Woods College
- Artist in residence in schools throughout Indiana
- Author of *Art of the Earth: Ancient Art for a Green Future*

Enbarr Studio

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